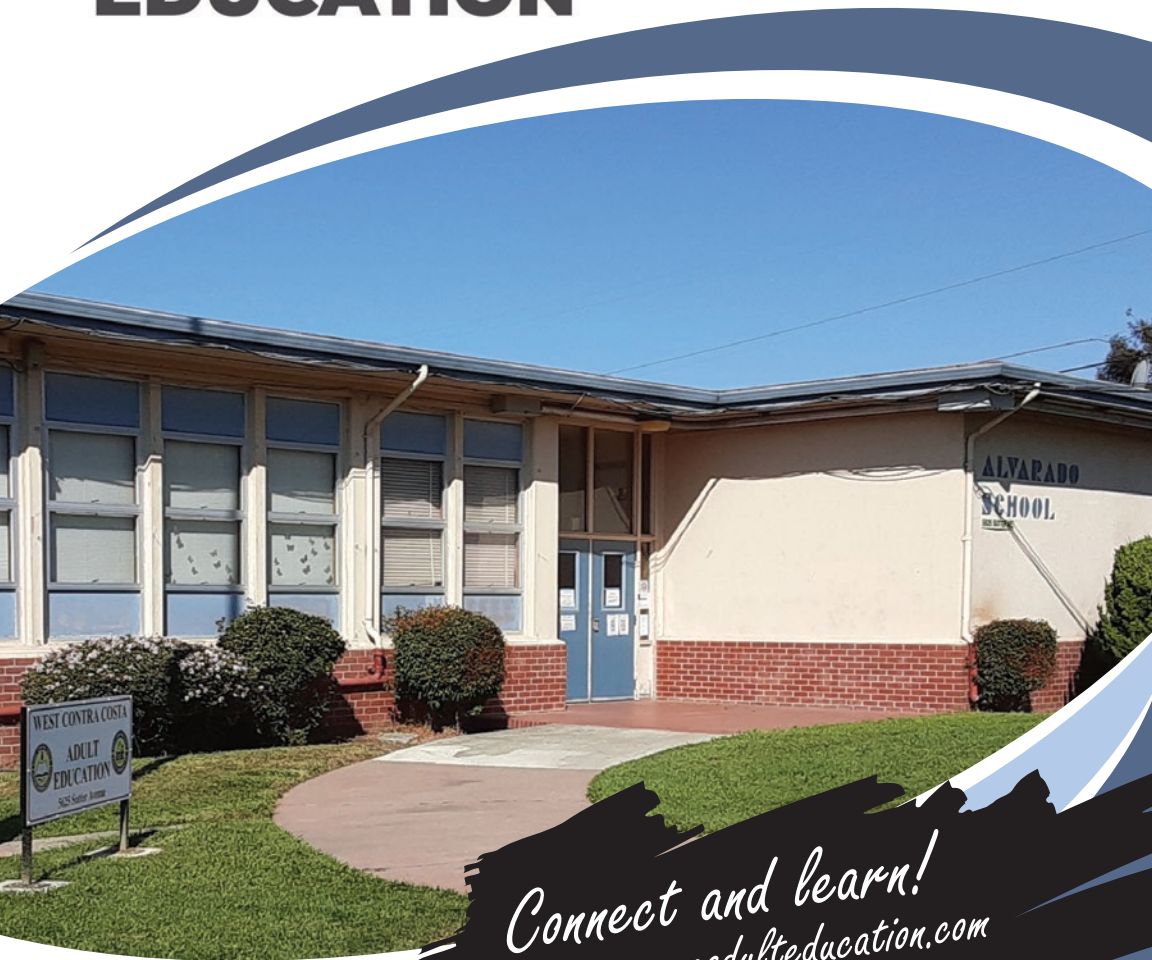


WEST CONTRA COSTA

# ADULT EDUCATION



*Connect and learn!  
Visit: [www.wccadulthoodeducation.com](http://www.wccadulthoodeducation.com)  
to register*

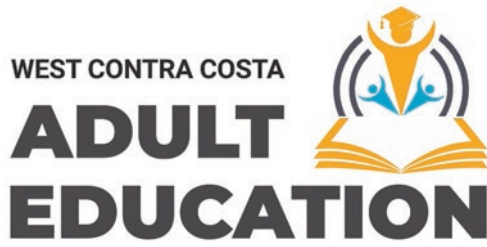
West Contra Costa  
Unified School District  
**Adult Education**

## Course Catalog

SPRING 2022-2023  
SUMMER 2023-2024

**Registration is now open | [www.wccadulthoodeducation.com](http://www.wccadulthoodeducation.com)**

Alvarado Campus • 5625 Sutter Avenue • Richmond, CA 94804 • 510-231-1453



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## **ADMINISTRATION**

**Principal:** Dr. Paul Mansingh

**Assistant Principal:** Ms. Erica Ehmann

## **WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION**

Jamela Smith-Folds, Trustee, Area 1

Otheree Christian, Trustee, Area 2

Mister Phillips, Trustee, Area 3

Demetrio Gonzalez Hoy, Trustee, Area 4

Leslie Reckler, Trustee, Area 5

Evalyn Soungpanya, Student Trustee

CJ Miles, Student Trustee



# HOW TO REGISTER

## REGISTER ON-LINE:

Go to [wccadulthoodeducation.com](http://wccadulthoodeducation.com) and click on any register on-line link.  
Credit or debit card required.

## REGISTER IN PERSON:

Alvarado Campus, 5625 Sutter Ave., Richmond. Check, Credit and Debit cards accepted. Forms are available in the office.

## REGISTRATION CAN BE DONE AT:

ALVARADO CAMPUS	8AM-6PM	MON-WED
	8AM-4PM	THUR & FRI
DEJEAN ADULT CENTER	8AM-4PM	MON-FRI
RICHMOND HIGH	6PM-8PM	MON-WED

## TO REGISTER BY MAIL:

Complete the registration form located at the end of this document or find the form at [wccadulthoodeducation.com](http://wccadulthoodeducation.com)

Mail the completed form with check or money order payable to: WCCAE  
Alvarado Campus, 5625 Sutter Ave., Richmond, CA 94804. (To receive a confirmation of enrollment, please include a self-addressed stamped envelope or your email address.)

NOTE: If you are registering for our High School Diploma, GED, Adult Basic Education classes or our English as a Second Language (ESL) classes, you must first attend an orientation. You can sign up for orientations by calling our office (510-231-1453), completing in person registration, or going online ([wccadulthoodeducation.com](http://wccadulthoodeducation.com)) and clicking on the Learn English, Earn your Diploma or GED buttons.



# CALENDAR

REGISTRATION IS NOW OPEN!

## + SPRING

### APRIL 10 - MONDAY

- First day of Classes - HSD/GED/ESL
  - First day of Fee-Based Classes
- 

### MAY 26 - FRIDAY

- No Classes - Reserve Day
- 

### MAY 27-29 - SATURDAY, MONDAY

- No Classes - Memorial Day holiday
- 

### JUNE 2 - FRIDAY

- Last day of School - ESL/GED/HSD
- 

### JUNE 17-19 - SATURDAY, MONDAY

- No Classes - Juneteenth Holiday
- 

### JUNE 30 - FRIDAY

- Last Day of Fee-Based Classes
- 

## + SUMMER

### JULY 5 - WEDNESDAY

- First Day of Fee-Based Classes
- 

### AUGUST 5 - SATURDAY

- Last Day of Fee-Based Classes
- 

# ADULT EDUCATION OFFICES

## ALVARADO CAMPUS MAIN OFFICE LOCATION

5625 Sutter Avenue  
Richmond, CA 94804  
[adulted@wccusd.net](mailto:adulted@wccusd.net)

Live Phone or Voice Mail Service  
510-231-1453, Press '0' to access office number.

# GENERAL INFORMATION

## **ADMISSIONS/ELIGIBILITY:**

Classes are open to all adult students 18 years of age or older, regardless of residency or citizenship.

## **CHILDREN:**

Children under 18 years old are not permitted in any Adult Education class.

## **CLASS CANCELLATION POLICY:**

Students must attend the first class session in order to establish the class. Fees are based on a minimum number of students. Classes may be canceled, hours reduced, or fees increased if we do not have the minimum number of students enrolled for all daytime and evening classes.

## **REFUND POLICY:**

All requests for refunds must be in writing (email accepted). Class fees will NOT be refunded for any reason if the written request is less than two (2) business days BEFORE the start of class. Refund requests incur a \$25 service charge per class. If a class is cancelled by WCCAE for any reason, a full refund will be made automatically. No refunds are provided for books.

## **UNIFORM COMPLAINT PROCEDURES/SEXUAL HARASSMENT POLICIES:**

WCCUSD recognizes its responsibility to ensure compliance with state and federal laws and regulations governing educational programs and activities. In accordance with state guidelines, WCCUSD has adopted Uniform Complaint Procedures (UCP). The District prohibits any form of sexual harassment. **UCP complaints can be filed by completing the Complaint Form (English) (Spanish).** Copies of these policies are also available from our office.

## **NON-DISCRIMINATION POLICY:**

West Contra Costa Adult Education does not discriminate on the basis of race, color, national origin, religion, gender or handicap in any of its policies, procedures or practices. <https://www.wccusd.net/Page/9608>

## **PRIVACY STATEMENT:**

West Contra Costa Adult Education is committed to maintaining the privacy of your personal information needed for registration and for student program records. We strictly adhere to the California Department of Education Privacy Policy, (Government Code §1105.5) in our on-site and on-line registration procedures and management of student records.

## **ORDERING TRANSCRIPTS:**

Requests for transcripts can be made in person at our Alvarado Campus, by phone, or by mail. All requests for transcripts must include the following information:

◆Last Name ◆First Name ◆Date of Birth ◆Street Address ◆City-State-Zip Code ◆Telephone number ◆Any other names used while enrolled ◆Last school attended ◆Graduation status.

The transcript request form is available on our website:

<https://www.wccadulthoodeducation.com/transcripts>

There is a \$5.00 charge per transcript which must be paid at time of request. There is a 3-5 day processing time. Mail your request to: WCCAE - Alvarado Campus, 5625 Sutter Ave., Richmond 94804, along with a check or money order payable to : West Contra Costa Adult Education. You may also email your completed transcript request to [adulted@wccusd.net](mailto:adulted@wccusd.net).

To request your High School Equivalency transcripts (formerly known as the GED), please contact [https://ged.com/life\\_after\\_ged/](https://ged.com/life_after_ged/) or call Customer Service at 1-916-319-0800.

# TABLE OF CONTENTS

SPRING 2022-2023 | SUMMER 2023-2024

<i>Administration</i> .....	Inside Front Cover
<i>West Contra Costa Unified School District Board</i> .....	Inside Front Cover
<i>How to Register</i> .....	3
<i>Calendar</i> .....	4
<i>General Information</i> .....	5

## Community Interest

<b>Arts &amp; Culinary</b> .....	8
----------------------------------	---

### Arts

Beginning Sewing .....	8
Continuing Sewing .....	8
From Heart to Paper Writing Workshop .....	9

### Culinary

More Beginning Chinese Cooking .....	9
Introduction to Indian Cooking - Chana Masala .....	10
Fabulous French Cooking .....	10
Thai I Cooking .....	10
Introduction to Indian Cooking - Aloo Gobi .....	11
Introduction to Indian Cooking - Matar Paneer .....	11
Taste of Exotic Morocco .....	11

### Business and Finance

Accounting/Bookkeeping .....	12
QuickBooks Online 'Join Us in The Cloud' .....	13

### Dance, Exercise & Fitness

Ba Duan Jin .....	14
Balance/Range of Motion <b>NEW</b> .....	14
Dayan Qigong - Part A .....	14
Floor Exercise <b>NEW</b> .....	14
Hawaiian Dance .....	15
Zumba Toning .....	15

### World Languages

Arabic - Level I .....	17
French - Level I .....	17
French - Level II .....	17
German - Level I .....	18
Deaf Interpreter - Sign Language I .....	18
Italian - Level I .....	18
Italian - Level II .....	18
Italian - Level III .....	19
Portuguese - Level I .....	19
Portuguese - Level II .....	19
Russian - Level I .....	20
Spanish - Level I .....	20
Spanish - Level II .....	20

### Adult Secondary Education

High School Diploma .....	21
GED .....	21
Adult Basic Education .....	21

<b>English as a Second Language (ESL) and Citizenship</b> .....	22
---	----



# TABLE OF CONTENTS

(Continued)

## Job Training Skills

### Computer Classes

Microsoft Excel - Tips & Tricks .....	23
Microsoft PowerPoint - Level I .....	24

### Food Safety

Entrenamiento para Obtener el Certificado en Preparación de Alimentos: Seguridad e Higiene .....	24
Food Safety Certification for Managers .....	24

### Medical

Basic First Aid .....	25
CPR .....	25

### Accelerated Healthcare Career Training Program

Billing and Coding Specialist .....	27
Clinical Medical Assistant .....	27
Electrocardiogram (EKG) Technician .....	28
Pharmacy Technician .....	28
Phlebotomy Technician .....	29

### Trades

Certificado de Reparación Y Mantenimiento de Edificios - Principiante <b>NEW</b> .....	31
Certificado de Reparación Y Mantenimiento de Edificios - Avanzado <b>NEW</b> .....	31
Electrical Controls .....	31
H.V.A.C. I & H.V.A.C. II Heating, Ventilation & Air Conditioning .....	32
Introduction to Home Repair & Framing .....	32
Pre-Apprenticeship Electrician Training .....	33
Solar Technology: Solar Jobs, Energy, Power & Safety .....	33
Stationary Engineering Training .....	33
Welding .....	33

### Special Interests

Conquer Your Fear of Public Speaking .....	34
Introduction to Ukulele - Level I <b>NEW</b> .....	34
Introduction to Ukulele - Level II <b>NEW</b> .....	35
Shakespeare for the Elizabethan Impaired <b>NEW</b> .....	35

### 55+ Classes

Life Planning - Sakura Kai .....	36
Welcome to Medicare .....	35
Senior Activities .....	37

### Adults With Disabilities

Language Development Skills .....	37
NIAD (Nurturing Independence Through Artistic Development) .....	37

### Registration Form ..... 38

## COMMUNITY INTEREST



## + ARTS AND CULINARY

## ARTS

## BASIC BEGINNING SEWING



No machine needed for this class, machines are provided.

This course provides hands-on in person instruction. Ms. Lang likes to make the sewing class a fun, collaborative group experience. She has 22 years of experience teaching sewing.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
60101.02	Lang	Alvarado/11	\$165	4/13-6/15	10	THU	6:15pm-8:45pm
60101.00	Lang	Alvarado/11	\$99	7/5-8/2	5	WED	1:00pm-4:00pm

## CONTINUING SEWING

**Enrollment is limited to 3 students.** Continuing Sewing is designed for students who have taken the Beginning Sewing course and are ready to further their sewing skills with a basic or intermediate project. Review of basics, increased understanding of your machine and additional techniques. (This class is not for beginners!). The class will be held jointly with the beginning sewing class.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
60110.02	Lang	Alvarado/11	\$145	4/27-6/15	8	THU	6:00pm-8:45pm



## FROM HEART TO PAPER WRITING WORKSHOP

This workshop is for both fiction and nonfiction writers at any level. In addition to instruction by Margaret Murray, a seasoned writer, editor and small publisher, it gives the student time to write and the opportunity to give and receive feedback for their own work and revise, if desired. Each workshop is dedicated to a renowned author whose work and experience are presented as examples of literary achievement to learn from. For example, when the late poet Mary Oliver was featured, we read excerpts from her A Poet's Handbook along with her acclaimed poetry.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
12615.00	Murray	Alvarado/3	\$119	4/15-6/24*	9	SAT	10:00am-12:00pm

\*No Class 5/27, 6/17



## CULINARY

### MORE BEGINNING CHINESE COOKING

This is the second of two classes in Beginning Chinese Cooking. During this class you will learn more basics of Chinese cooking. Menu: WonTon Soup; WonTon Appetizers; Broccoli with Beef; Egg Foo Young; Egg Rolls.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
30533.00	Coe	Alvarado/12	\$62	4/22	1	SAT	10:00am-2:00pm

REGISTER ONLINE  
TODAY AT

**WWW.WCCADULTEDUCATION.COM**



## INTRODUCTION TO INDIAN COOKING - CHANA MASALA

Learn in this class how to prepare delicious dishes from northern India. Enjoy a complete meal with: Chana Masala (chickpeas), Pulao (traditional basmati rice) and Cucumber Raita (yogurt with cucumber and cumin). Learn how to make an extremely flavorful and satisfying healthy plant-based meal.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
30503.01	Mann	Online	\$45	4/22	1	SAT	9:00am-12:00pm

## FABULOUS FRENCH COOKING

During this workshop you will learn some of the basics of French cooking. Menu: French Onion Soup; Cheese Souffle; Chicken Cordon Bleu; Ratatouille; Crepe Suzettes.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
30530.00	Coe	Alvarado/12	\$62	4/29	1	SAT	10:00am-2:00pm

## THAI COOKING I

Join us for the exciting and exotic cooking of Thailand. During this four hour class we will prepare five traditional dishes: Lemongrass Chicken and Mushroom Soup; Pork Stuffed Oranges; Beef Curry; Thai Crunchy Noodles; Fried Bananas.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
30534.00	Coe	Alvarado/12	\$62	5/13	1	SAT	10:00am-2:00pm

## INTRODUCTION TO INDIAN COOKING - ALOO GOBI

Be an expert in cooking a north Indian dish. A pure healthy vegetarian meal, which is prepared with fresh vegetables, spiced with fresh herbs, and sprinkled with mouthwatering Indian spices. Aloo Gobi, a flavorful dish made with potatoes and cauliflower.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
30506.00	Mann	Online	\$45	5/13	1	SAT	9:00am-12:00pm

## INTRODUCTION TO INDIAN COOKING - MATAR PANEER

Learn how to make this vegetarian north Indian dish consisting of peas and paneer (Indian cheese) in a tomato based sauce, spiced with various spices. Vegetable Pulao: Vegetable Pulao is a rice dish prepared by cooking rice with various vegetables and spices.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
30509.01	Mann	Online	\$45	6/3	1	SAT	9:00am-12:00pm

## A TASTE OF EXOTIC MOROCCO

Come to our make believe kasbah for some exotic Moroccan food and sense of the rituals that makes the meal special. Menu: Moroccan Eggplant; Tabbouleh Salad; Middle East Lamb Stew; Bestilla (phyllo dough stuffed with chicken and almonds); Baklava.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
30585.00	Coe	Alvarado/12	\$62	6/10	1	SAT	10:00am-2:00pm





## + BUSINESS AND FINANCE

### ACCOUNTING/BOOKKEEPING



Learn how to set up books, process business transactions, and do end-of-period reporting for a simple business. Become familiar with depreciation, bad debts, and leave the class knowing the Accounting Equation. First 4 classes will be preparation for Comprehensive Exercise and last 2 classes will be independently completing Comprehensive Exercise and review of completed Comprehensive Exercise with teacher's assistance. Course recommended before taking QuickBooks. Textbook: Accounting Basics: An introduction for Non-Accounting Majors, Weinstein, Labyrinth Learning, ISBN-13: 978-1-64061-044-6. <http://www.lablearning.com/accounting-basics.html?sc=37&category=6082> **DO NOT CHOOSE EDUCATOR OR BOOKSTORE. CHOOSE Click Below for Text Format Options AND CHOOSE EBOOK OR TEXTBOOK. Shipping time for the books is approx. 7-10 business days.**

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
11701.02	O'Neill	Alvarado/5	\$79	4/10-5/15	6	MON	6:30pm-8:30pm

## QUICKBOOKS ONLINE - 'JOIN US IN THE CLOUD'

**Prerequisite:** *Computer Typing (Minimum typing speed must be 25 wpm), Introduction to Computers, or equivalent computer skills and Accounting/Bookkeeping (see the Business and Finance section).* QuickBooks Online [QBO] for employees, company owners, accountants and others to effectively use the software for all of their small business accounting needs. Students learn management tasks for mastering the essentials including deciding which QBO level is best for the business, customizing the company settings, setting up customers, recording bank deposits, setting up bank feeds and reconciling bank and credit card accounts. More advanced topics include creating purchase orders, setting up sales tax, preparing journal entries, transferring funds between accounts, setting up user permissions, creating reports using class and location tracking and adjusting inventory quantities. Class is both lecture and hands on with homework. Textbook: QuickBooks Online: Comprehensive, ISBN-13: 978-1-64061-245-7 <https://www.lablearning.com/QuickBooks-Online-Comprehensive-2022-2023-Edition.html> DO NOT CHOOSE EDUCATOR OR BOOKSTORE. CHOOSE Click Below for Text Format Options AND CHOOSE EBOOK OR TEXTBOOK OPTIONS. Shipping time for the books is approximately 7-10 business days. Keep in mind that if you order the ebook you will need to access both the ebook and QBO program to do the exercises. You may want to consider the paper book or bring your laptop so you can look at both simultaneously in the classroom [only 1 computer screen at each workstation.]

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
04509.02	O'Neill	Online	\$105	5/17-6/14*	8	MON & WED	6:30pm-8:30pm

\*No Class: 5/29





**+ DANCE, EXERCISE AND FITNESS****BA DUAN JIN**

Ba Duan Jin, or the Eight Brocades, is an easy form of Qigong to learn. The combination of movement and breath has been practiced for over 2,000 years and is the beginning form taught at the Shaolin Temple in China. Anyone can do this form, even doing it from a chair if needed. Sitting meditation will also be part of the class, as well as a brief set of warm up movements.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
70115.02	Miner	Alvarado/8	\$30	7/10-7/24	3	MON	10:00am-11:30am

**BALANCE/RANGE OF MOTION NEW**

Balance/Range of Motion (B/ROM) is a movement oriented class. It is gentle and challenging at the same time. These classes build strength and move through balance points. I also include fall/recovery exercises and techniques for getting up off the floor. Some classes will focus on stretches to improve other activities such as yoga, meditation, and dancing in general.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
70201.01	Corl-Seidel	Alvarado/ MPR	\$60	4/13-6/15	10	THU	4:30pm-5:30pm

**DAYAN QIGONG - PART A**

Students will learn one of the most popular forms of Qigong used in China today. Dayan Qigong means the Wild Goose Form. This practice consists of 64 movements that flow from one movement into the next. In addition to learning the form, the students will learn a warm up set of exercises to increase flexibility and balance. Students are encouraged to “move at their own pace.” Adaptations can be easily made for people with motor impairments or mobility concerns. Part A includes moves 1-32 of Dayan Qigong, and Part B includes moves 33-64 of Dayan Qigong.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
70130.01	Miner	Alvarado/8	\$89	4/10-6/12*	9	MON	10:00am-11:30am

\*No Class 5/29

**FLOOR EXERCISE NEW**

This class is designed to work on back health including strengthening of core, hips and shoulders, glutes and hamstrings. These are great exercises for strength, rehab and general posture.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
70200.01	Corl-Seidel	Alvarado/ MPR	\$60	4/13-6/15	10	THU	3:00pm-4:00pm

REGISTER ONLINE  
TODAY AT

**WWW.WCCADULTEDUCATION.COM**





## HAWAIIAN DANCE

Hawaiians call their dance “Hula”. There are two categories of Hawaiian dance, Kahiko & Auwana. This class covers only the Auwana that interprets songs through dance. This class starts with a stretch warm up followed by the Hula basics exercise. Choreography will be slowly introduced to students. Questions by students are always welcome. Lyrics and songs will be emailed to students.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
04275.03	Hall	Alvarado/ MPR	\$66	4/10-6/26*	10	MON	7:00pm-8:00pm
04275.04	Hall	Alvarado/ MPR	\$27	7/10-7/31	4	MON	3:00pm-4:00pm

No class: 5/29, 6/19

## ZUMBA TONING

Zumba Toning uses lightweight maraca-like sticks which enhance sense of rhythm and coordination, while toning target zones including arms, core and lower body.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
02131.02	Cerritos	Alvarado/ MPR	\$66	4/10-6/26*	10	MON	6:00pm-7:00pm
02131.00	Cerritos	Alvarado/ MPR	\$27	7/10-7/31	4	MON	9:00am-10:00am

\*No Class 5/29, 6/19



## + WORLD LANGUAGES



**LEVEL I** — Learn conversation and more for those starting from scratch. You will also learn the alphabet of the target language. There's a special emphasis for the alphabets of Arabic and Russian, since they are different from the English alphabet. The alphabets of Arabic & Russian are emphasized for reading skills.

**LEVEL II** — Learn conversation and more for those who want to add to basic knowledge. You will learn all parts of speech including verb conjugations, for a complete understanding of the target language. The language is taught with all its parts of speech for a complete understanding including verb conjugations like the imperfect, the preterite and the imperative, direct and indirect object pronouns, possessive adjectives and pronouns, reflexive verbs and more!

**LEVEL III** — For students ready to write and speak at the conversational level. The class is conducted for the most part in the target language. You will learn all verb tenses including the subjunctive, the imperative and compound tenses. This level will allow you to fully enjoy reading, writing, understanding and speaking your new language with ease and confidence

**LEVEL C** - Complete beginner's conversational course. A prerequisite is LEVEL 1 OR some previous knowledge of the language. For first time students, it is recommended to take Level I before taking this Level 1C.



## ARABIC - LEVEL I

A basic Arabic course for those starting from scratch. Students will learn the Arabic alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20101.00	Bandar	Alvarado/3	\$95	4/13-6/15	10	THU	4:45pm-5:45pm

## FRENCH - LEVEL I

A basic French course for those starting from scratch. Students will learn the French alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20110.00	Bandar	Alvarado/3	\$95	4/11-6/13	10	TUE	6:00pm-7:00pm

## FRENCH - LEVEL II

Learn conversation and more for those who want to add to their basic French knowledge. Students will learn all parts of speech including verb conjugations (i.e, present, past, future, conditional, etc.), adjectives and pronouns, adverbs, possessive forms, reflexive verbs, and more! Students will also develop an understanding of sentence structure. Students will expand their vocabulary in over 25 topic areas including travel, work, and phone conversations.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20115.00	Bandar	Alvarado/3	\$95	4/11-6/13	10	TUE	7:15pm-8:15pm

**GERMAN - LEVEL I**

A basic German course for those starting from scratch. Students will learn the German alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20120.03	Bandar	Alvarado/3	\$95	4/11-6/13	10	TUE	4:45pm-5:45pm

**DEAF INTERPRETER - SIGN LANGUAGE I**

This course is designed for beginners in learning Sign Language. It is a visual-gestural language created by Deaf people. The course requires memorization, learning to communicate what you are saying through expressive and receptive expressions, non-verbal modalities, and visual listening skills. This class is the first step for those who wish to communicate with the deaf and for those thinking of working with the deaf. Class participation is necessary. There will be 2 presentations. Course is taught in sign and at times spoken word.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20185.02	Berry	Alvarado/1	\$95	4/17-6/12*	8	MON	7:00pm-8:30pm

\*No class 5/29

**ITALIAN - LEVEL I**

A basic Italian course for those starting from scratch. Students will learn the Italian alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20130.03	Bandar	Alvarado/3	\$95	4/10-6/26*	10	MON	6:00pm-7:00pm

\*No class: 5/29, 6/19

**ITALIAN - LEVEL II**

Learn conversation and more for those who want to add to their basic Italian knowledge. Students will learn all parts of speech including verb conjugations (i.e, present, past, future, conditional, etc.), adjectives and pronouns, adverbs, possessive forms, reflexive verbs, and more! Students will also develop an understanding of sentence structure. Students will expand their vocabulary in over 25 topic areas including travel, work, and phone conversations.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20135.03	Bandar	Alvarado/3	\$95	4/10-6/26*	10	MON	7:15pm-8:15pm

\*No class: 5/29, 6/19

## ITALIAN - LEVEL III

This course is for students ready to write and speak at a higher level. The class is conducted mainly in the target language. Students will learn all verb tenses: the subjunctive, the imperative, the conditional, and all compound tenses. Additionally, students will be exposed to all grammatical structures of the language. Vocabulary will include higher level expressions including idiomatic phrases and their use in context. Students completing this course will have a great command of the language, and will be able to read, understand and speak the language with ease and confidence.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20136.03	Bandar	Alvarado/3	\$95	4/10-6/26*	10	MON	4:45pm-5:45pm

\*No class: 5/29, 6/19

## PORTUGUESE - LEVEL I

A basic Portuguese course for those starting from scratch. Students will learn the Portuguese alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20145.00	Bandar	Alvarado/3	\$95	4/13-6/15	10	THU	6:00pm-7:00pm

## PORTUGUESE - LEVEL II

Learn conversation and more for those who want to add to their basic Portuguese knowledge. Students will learn all parts of speech including verb conjugations (i.e, present, past, future, conditional, etc.), adjectives and pronouns, adverbs, possessive forms, reflexive verbs, and more! Students will also develop an understanding of sentence structure. Students will expand their vocabulary in over 25 topic areas including travel, work, and phone conversations.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20155.00	Bandar	Alvarado/3	\$95	4/13-6/15	10	THU	7:15pm-8:15pm

## JOIN OUR TEAM!

*We are always interested in adding to our teaching team. Share your knowledge with your community.*

## INTERESTED?

*Apply online at [Ed.Join.org](https://www.edjoin.org) find the "Community Interest Instructor" for West Contra Costa Unified School District Adult Education.*



### RUSSIAN - LEVEL I

A basic Russian course for those starting from scratch. Students will learn the Russian alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20160.03	Bandar	Alvarado/3	\$95	4/12-6/14	10	WED	4:45pm-5:45pm

### SPANISH - LEVEL I

A basic Spanish course for those starting from scratch. Students will learn the Spanish alphabet and numbers, and learn vocabulary pertaining to telling time, colors, transportation, basic greetings and salutations, shopping, and other words and phrases useful for basic conversation, including travel. Additionally, students will learn basic grammar including present tense verb conjugations, pronouns, gender, and agreement for everyday use.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20165.06	Bandar	Alvarado/3	\$95	4/12-6/14	10	WED	6:00pm-7:00pm

### SPANISH - LEVEL II

Learn conversation and more for those who want to add to their basic Spanish knowledge. Students will learn all parts of speech including verb conjugations (i.e, present, past, future, conditional, etc.), adjectives and pronouns, adverbs, possessive forms, reflexive verbs, and more! Students will also develop an understanding of sentence structure. Students will expand their vocabulary in over 25 topic areas including travel, work, and phone conversations.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
20170.06	Bandar	Alvarado/3	\$95	4/12-6/14	10	WED	7:15pm-8:15pm



WEST CONTRA COSTA ADULT EDUCATION

# ADULT SECONDARY EDUCATION

## EARN YOUR HIGH SCHOOL DIPLOMA

SPRING 2022-2023 | SUMMER 2023-2024



ADULT SECONDARY EDUCATION

### ADULT SECONDARY EDUCATION (ASE) CLASSES

- High School Diploma
  - » To register - <https://wccae.asapconnected.com/#CourseGroupID=58422>
- GED - English and Spanish
- Adult Basic Education: improve your reading, writing, math
  - » For information - ABE Information
  - » To register - <https://wccae.asapconnected.com/#CourseGroupID=58626>

### ONLINE AND IN PERSON CLASSES

- Online and In-person at DeJean and Richmond High
- Morning and evening classes

### TO REGISTER

- All classes require an orientation
- Call: 510-231-1453, press "0"
- Online registration at [wccadulthoodeducation.com](https://wccadulthoodeducation.com), go to the Diploma or GED buttons, or Improve Your Reading & Writing
- In-person registration at DeJean Adult Center, Richmond High or Alvarado

### CLASS LOCATIONS

#### DEJEAN ADULT CENTER

101 35th Street (Corner of 35th and Chanslor, east side of DeJean Middle School campus), Richmond

#### RICHMOND HIGH SCHOOL

1250 23rd Street, Richmond

# NEW!

### NOT SURE WHAT PROGRAM IS RIGHT FOR YOU?

Sign up to take our new, 1-hour orientation to learn more about our High School Diploma, GED, Adult Basic Education and ESL Classes.

- Call 510-231-1453, press "0"
- Online registration - <https://wccae.asapconnected.com/#CourseGroupID=58423>
- Look for "What Class is right for me?" Orientation

# ENGLISH CLASSES FOR ADULTS

## + ENGLISH AS A SECOND LANGUAGE (ESL)

- Literacy, Beginning, Intermediate, Advanced, and Citizenship
- Online and In-person at DeJean, Serra, and Richmond High , online students will receive a link to join the class after they register
- Morning, evening, and Saturday morning classes

### MORNING

#### AT DEJEAN ADULT CENTER

- Monday, Tuesday, Wednesday, and Thursday, 9 AM to 11:30 AM

#### AT SERRA ADULT CENTER

- Monday, Tuesday, Wednesday, Thursday 9 AM to 11:30 AM

### EVENING

#### AT RICHMOND HIGH SCHOOL

- Monday, Tuesday, and Wednesday, 6:30 PM to 8:35 PM

### ONLINE

- In the morning Monday, Tuesday, Wednesday, and Thursday 9:00 AM-11:30 AM
- In the evening Monday, Tuesday, and Wednesday 6:30 PM-8:35 PM
- Saturday morning 10:00 AM-12:30 PM

### TO REGISTER

- Call: 510-231-1453, press "0"
- Online registration at [wccadulthoodeducation.com](http://wccadulthoodeducation.com), go to the Learn English button
- In-person registration at DeJean Adult Center, Richmond High, or Alvarado

## + CITIZENSHIP CLASSES

### MORNING

#### AT DEJEAN ADULT CENTER

- Tuesday and Thursday, 9 AM to 11:30 AM

### EVENING

#### AT DEJEAN ADULT CENTER

- Monday and Wednesday, 6:30 PM to 8:35 PM

### ONLINE

#### EVENING

- Monday and Wednesday, 6:30 PM to 8:35 PM

### SATURDAY

#### AT ALVARADO ADULT SCHOOL

- 10 AM to 12:30 PM

# JOB SKILLS TRAINING



## + COMPUTER CLASSES

### MICROSOFT EXCEL - TIPS & TRICKS



**Prerequisite:** Microsoft Excel - Level 1 skills. To participate in this online course students must have access to a computer that has MS Office 2016 or MS Office 2019/365 installed on it. Students who register for this class will receive an email from the instructor a few days before the class begins with information on how to access the course materials exercise files, and how to submit assignment exercises.

**The following topics will be covered:**

#### TABLES/PIVOTTABLES

Learn the power of Tables to analyze data from large spreadsheets. Students will also learn the fundamentals of using PivotTables to summarize data from large spreadsheets so data can be analyzed. Students will learn how to create a pivot table using data from a variety of different data lists. By the end of the course students will be able to generate pivot tables to present data in a variety of ways for analysis.

#### VLOOKUP

Are you tired of copying and pasting data from one workbook to another? Learn how to use the VLOOKUP function to efficiently match up data between databases into one comprehensive list. A variety of lists will be used in the learning process of this course. Be prepared to use your creative and critical thinking skills to reach a final outcome.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
04510.05	Miller	Alvarado/7	\$60	4/10-4/19	4	MON & WED	6:00pm-8:30pm
04510.06	Miller	Alvarado/7	\$60	5/15-5/24	4	MON & WED	6:00pm-8:30pm

**MICROSOFT POWERPOINT - LEVEL I**

Prerequisite: Computer Typing (Minimum typing speed must be 25 wpm) and Introduction to Computers. Put an end to static presentations. Learn how to create a basic speaker-led or self-running presentation and enhance it with transitions, animation, graphics, and SmartArt™. This accelerated class is for you if you need a visual tool for marketing, sales, or training purposes

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
04515.02	Miller	Alvarado/7	\$90	4/24-5/3	6	MON-WED	6:00pm-8:30pm
04515.03	Miller	Alvarado/7	\$90	5/30-6/8	6	TUE-THU	6:00pm-8:30pm

**+ FOOD SAFETY****ENTRENAMIENTO PARA OBTENER EL CERTIFICADO EN PREPARACIÓN DE ALIMENTOS: SEGURIDAD E HIGIENE**

Esta clase le preparará para hacer el examen y quedar inscrito en el Registro Nacional para Preparación de Alimentos: Seguridad e Higiene. El certificado es válido por 5 años. El costo incluye 8 horas de clase y el examen. El examen se toma al final del segundo día de entrenamiento. Se requiere un libro de texto que se puede comprar en la oficina de la escuela de Adultos Alvarado.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
40105.07	Lopez	Alvarado/4	\$76	4/11 & 4/18	2	TUE	4:00pm-8:00pm
40105.08	Lopez	Alvarado/4	\$76	5/9 & 5/16	2	TUE	4:00pm-8:00pm
40105.09	Lopez	Alvarado/4	\$76	6/20 & 6/27	2	TUE	4:00pm-8:00pm

**FOOD SAFETY CERTIFICATION FOR MANAGERS**

This class will prepare you for taking NRFSP's Certified Professional Food Manager Examination, 5-year certificate. Fee includes an 8 hour course and exam. Exam will take place during the second class meeting. Students are also expected to review course material independently prior to exam. Corresponding textbook can be purchased at the Alvarado Campus.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
40101.07	Ruiz	Alvarado/4	\$76	4/13 & 4/20	2	THU	4:30pm-8:30pm
40101.08	Ruiz	Alvarado/4	\$76	5/4 & 5/11	2	THU	4:30pm-8:30pm
40101.09	Ruiz	Alvarado/4	\$76	6/1 & 6/8	2	THU	4:30pm-8:30pm

**JOIN OUR TEAM!**

*We are always interested in adding to our teaching team. Share your knowledge with your community.*

**INTERESTED?**

*Apply online at [Ed.Join.org](https://Ed.Join.org) find the "Community Interest Instructor" for West Contra Costa Unified School District Adult Education.*



## MEDICAL

WCCAE offers a variety of courses for individuals interested in a career in Health Care.



### BASIC FIRST AID

**Enrollment is limited to 12 students.** Members of this class will manage bleeding control, shock, learn to describe and react to burns, spinal injuries, severe allergic reactions, poisoning, diabetes and seizures, etc. Certification is awarded upon successfully passing skills and written exam. Must be able to read and understand English. \$3 extra for an EMSA (pediatric) sticker if needed or required for a card. Students who need recertification may come to class anytime between 1:30pm-2:30pm. Recertification fee is \$20. Must bring current certification card at time of registration and to class.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
80110.10	Berry	Alvarado/1	\$26	4/15	1	SAT	8:30am-1:00pm
80110.11	Berry	Alvarado/1	\$26	5/20	1	SAT	8:30am-1:00pm
80110.12	Berry	Alvarado/1	\$26	6/10	1	SAT	8:30am-1:00pm

### CPR

**Enrollment is limited to 12 students.** This CPR and AED training program is intended for individuals who desire or are required to be certified in CPR and in the use of an AED for adults, children, and infants. (Childcare workers). This course meets the requirements established by state childcare licensing (EMSA), bus drivers (EMSA), clear credentials, healthcare and a wide variety of professional, state and federal agencies. Must be able to read and understand English. Certification through ASHI/MEDIC is awarded upon successfully passing skills and written exam. Recertification fee is \$20. Current certification cannot be expired more than two months. Must bring current certification card at time of registration and to class. \$3 per card for Pediatric payable to the instructor during class.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
80105.10	Berry	Alvarado/1	\$45	4/15	1	SAT	1:30pm-4:30pm
80105.11	Berry	Alvarado/1	\$45	5/20	1	SAT	1:30pm-4:30pm
80105.12	Berry	Alvarado/1	\$45	6/10	1	SAT	1:30pm-4:30pm

# ACCELERATED HEALTHCARE TRAINING PROGRAM



For information on registering for these classes please contact: [www.CalRegional.com/infosession](http://www.CalRegional.com/infosession) or call 800-927-5159.

## HEALTHCARE CAREERS START HERE

West Contra Costa Adult Education in partnership with CalRegional offers affordable healthcare career training programs in the Richmond area.

- No experience necessary.
- Must be 18 years or older and have a high school diploma or equivalent. Classes run year round and have helped hundreds of students get the medical training necessary to be successful in the field.
- NO-INTEREST PAYMENT PLANS AVAILABLE, EVERYONE QUALIFIES!

**Call (800) 927-5159 for the latest schedules, information and registration or [www.CalRegional.com](http://www.CalRegional.com)**

Learn about the health care programs at monthly information orientation sessions! Meet online at our live presentation through Zoom meetings. Interact with the host and ask questions. Registration for courses available after the presentation. Sign-up for the next one today! Click here to register:

<https://calregional.com/info-session-signup-richmond-california/>

Contact West Contra Costa Adult Education Transition Specialist, Lillie Clausen for further questions about qualification guidelines, enrollment assistance, or potential scholarship or WIOA financial assistance opportunities. Share your contact information with her by completing your information in the link below and she will respond to your inquiry as soon as possible:

<http://bit.ly/3q6iXBT> or [Lclausen2@wccusd.net](mailto:Lclausen2@wccusd.net) 510-231-1453 x 28001.



## BILLING AND CODING SPECIALIST (ONLINE TRAINING PROGRAM)

As a medical Billing and Coding Specialist you will learn to review medical records and translate diagnosis of patients into medical codes including IDC, CPT and HCPCS required by our healthcare system. You will also learn how to work with healthcare professionals to determine care services and manage the claim process. The program includes 148 hours of online training through live, instructor-led lectures and self-paced training modules. Students will be prepared to take the Medical Coding & Billing Certification (MCBC) exam through the American Medical Certification Association (AMCA).

**Program Fee: \$1,995** (includes national exam and certificate, students will need access to high-speed internet and computer to take this course.) **Textbooks sold separately.** *No-interest payment plans available, everyone qualifies.*

### Schedule Types:

Evening class – Monday and Wednesday, 5:30 pm – 9:30 pm

Day class – Monday and Wednesday, 9:00 am – 1:00 pm

**Register online:** [calregional.com/enroll-now](http://calregional.com/enroll-now) or **call (800) 927-5159**

## CLINICAL MEDICAL ASSISTANT

In this program, you will learn medical terminology, front and back office procedures, standard patient processing, medical billing and customer service. Students will be trained to help physicians care for patients, take vital signs, perform basic lab tests and administer medications in a doctor's office or clinic. The program includes 160 hours of classroom instruction and a 160-hour medical office externship. Students will be prepared to take the Clinical Medical Assistant Certification (CMAC) exam through the American Medical Certification Association (AMCA).

**Program Fee: \$2,995** (includes CPR certification training for the Healthcare Provider, liability insurance, externship, name badge, national exam and certificate). **Textbooks, scrubs and medical kit sold separately.** *No-interest payment plans available, everyone qualifies.*

**Prerequisites:** 18 years of age and a high school diploma or equivalent.

### Schedule Types:

Evening class – Monday through Thursday, 5:30 pm – 9:30 pm

Day class – Monday through Friday, 9:30 am – 1:30 pm

**Register online:** [calregional.com/enroll-now](http://calregional.com/enroll-now) or **call (800) 927-5159**

REGISTER ONLINE  
TODAY AT

**WWW.WCCADULTEDUCATION.COM**

**ELECTROCARDIOGRAM (EKG) TECHNICIAN (ONLINE TRAINING PROGRAM)**

As an EKG Technician you will learn to operate and monitor electrocardiogram equipment for patients during diagnostic testing and surgical procedures. They report their findings to physicians who make diagnostic decisions based on the results. EKG technicians are also responsible for the maintenance of equipment and preparing patients for various cardiovascular tests. The program includes 52 hours of online training through live, instructor-led lectures and self-paced training modules. Students will be prepared to take the Electrocardiogram Technician Certification (ETC) exam through the American Medical Certification Association (AMCA).

**Program Fee: \$1,995** (includes national exam and certificate, students will need access to high-speed internet and computer to take this course.) Textbooks sold separately. *No-interest payment plans available, everyone qualifies.*

**Schedule Types:**

Evening class – Monday and Wednesday, 5:30 pm – 9:30 pm

**Register online:** [calregional.com/enroll-now](http://calregional.com/enroll-now) or call (800) 927-5159

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**PHARMACY TECHNICIAN**

Pharmacy technicians work under the supervision of a licensed pharmacist. They are responsible for various tasks, including receiving and filling prescriptions, establishing and maintaining patient records, processing insurance claims, and more. Pharmacy technicians work in various environments, including retail drug stores such as CVS, hospitals, clinics, and pharmaceutical companies. The Pharmacy Technician Program consists of 182 hours of classroom and hands-on (lab) training, plus a 120-hour externship. Upon graduation, students will be prepared to take and pass the national exam for Pharmacy Technician Certification through the National Healthcareer Association (NHA). Students can then apply for state licensure in California.

**Program Fee: \$2,995** (includes CPR certification training for the Healthcare Provider, liability insurance, externship, name badge, national exam and certificate). **Textbooks, scrubs and medical kit sold separately.** *No-interest payment plans available, everyone qualifies.*

**Prerequisites:** 18 years of age and a high school diploma or equivalent.

**Schedule Types:**

Evening class – Monday through Thursday, 5:30 pm – 9:30 pm

Day class – Monday through Friday, 9:30 am – 1:30 pm

**Register online:** [calregional.com/enroll-now](http://calregional.com/enroll-now) or call (800) 927-5159

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## PHLEBOTOMY TECHNICIAN

As a Phlebotomy Technician, you will be trained to draw blood samples from patients in a clinical laboratory or public health setting. Over the course of the program, students will receive on-the-job training that includes drawing blood samples from patients, producing quality laboratory results, gaining the trust and confidence of patients and much more. The program includes 104 hours of classroom instruction and hands-on training with an on-site patient service center. Each student must provide 5-10 volunteers to complete the externship portion of the program. Students will be prepared to take the Phlebotomy Technician Certification (PTC) exam through the American Medical Certification Association (AMCA).

**Program Fee: \$2,995** (includes CPR certification training for the Healthcare Provider, liability insurance, externship, name badge, national exam and certificate). **Textbooks and scrubs sold separately.** *No-interest payment plans available, everyone qualifies.*

**Prerequisites:** 18 years of age and a high school diploma or equivalent.

### Schedule Types:

Evening class – Monday through Thursday, 5:30 pm – 9:30 pm

Weekend class – Saturday, 8:30 am – 5:00 pm

**Register online:** [calregional.com/enroll-now](http://calregional.com/enroll-now) or call (800) 927-5159

## HEALTHCARE TRAINING PROGRAM INFORMATION SESSION

Learn about our upcoming healthcare training programs at our live, online meeting. Get your questions answered in a relaxed, informal setting. Class registration available after the presentation. Sign-up for the next one online:

[CalRegional.com/infosession](http://CalRegional.com/infosession) or call 800-927-5159.

## JOIN OUR TEAM!

WE ARE ALWAYS INTERESTED IN ADDING TO OUR TEACHING TEAM.  
SHARE YOUR KNOWLEDGE WITH YOUR COMMUNITY.

## INTERESTED?

APPLY ONLINE AT [ED.JOIN.ORG](http://ED.JOIN.ORG) FIND THE "COMMUNITY INTEREST INSTRUCTOR" FOR WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT ADULT EDUCATION.



# START A NEW CAREER IN HEALTHCARE



PHLEBOTOMY TECHNICIAN • CLINICAL MEDICAL ASSISTANT  
PHARMACY TECHNICIAN • BILLING & CODING (ONLINE)  
EKG TECHNICIAN (ONLINE)

**(800) 927-5159**



**JOIN A FREE INFO SESSION**

**CRMED.INFO/RICHMOND**

# TRADES

## CERTIFICADO DE REPARACIÓN Y MANTENIMIENTO DE EDIFICIOS - PRINCIPIANTE



Esta clase es entrenamiento manual en carpintería, lectura de planos, electricidad, plomería, pintura y reparaciones. Materiales y herramientas serán proporcionadas para uso en la clase. (20 horas tienen que ser completadas para recibir el certificado).

This class is manual training in carpentry, blueprint reading, electrical, plumbing, painting and repair. Materials and tools will be provided for use in class. (25 hrs. must be completed to receive the certificate).

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06205.01	Rodriguez	DeJean/E108	\$120	4/13-6/1	8	THU	6:00pm-8:30pm

## CERTIFICADO DE REPARACIÓN Y MANTENIMIENTO DE EDIFICIOS - AVANZADO

**Prerequisito:** Clase de Principiante. La clase de principiante puede tomarse al mismo tiempo que la clase avanzada.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06210.01	Rodriguez	DeJean/E108	\$150	4/15-5/20*	5	SAT	9:00am-2:00pm

\*No class 5/6, 5/27

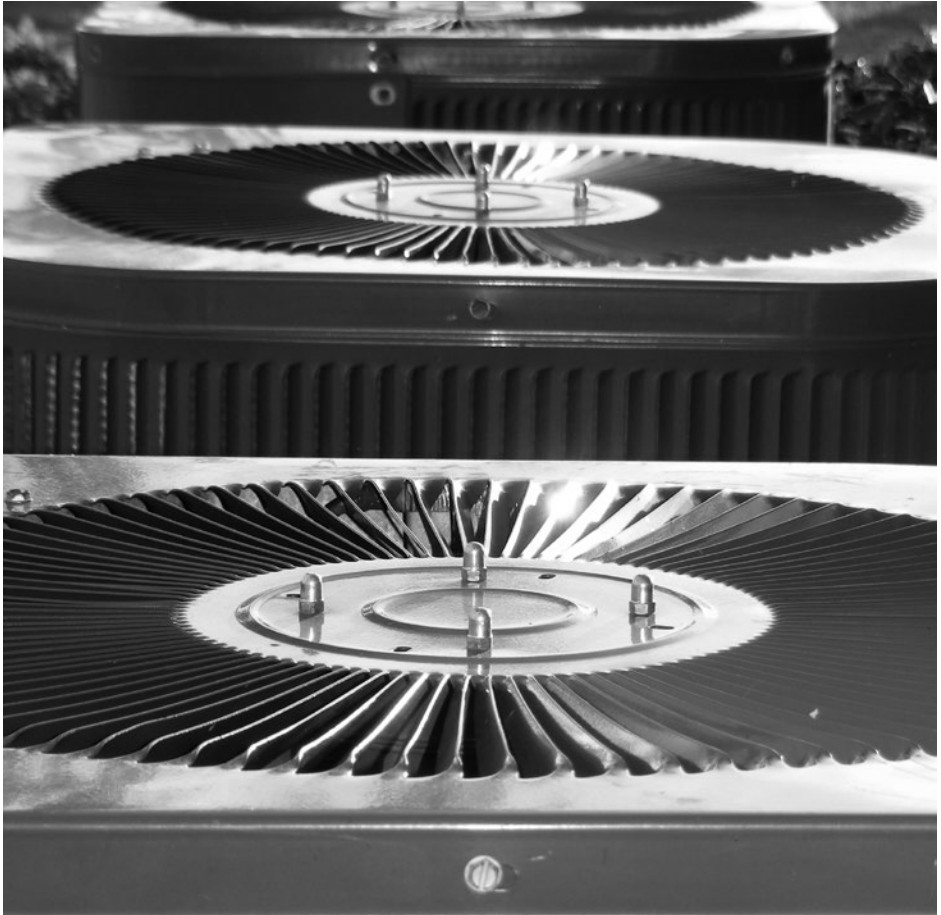
## ELECTRICAL CONTROLS

Learn how to read electrical schematics and ladder drawings. Understand motor control logic, relay logic, circuit protection, transformers, generators, photocells, power distribution, building automation (BACNET), programmable logic controllers (PLC), HMI, SCADA, VFD. We will also be working with robotic and Wi-Fi technology. Students will learn electrical troubleshooting methods using different types of testing equipment. Buildings are becoming smarter, so we must keep pace with them.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06216.00	Bartoni	El Cerrito HS/Auto Shop	\$276	4/12-6/28	12	WED	6:00pm-9:30pm

REGISTER ONLINE  
TODAY AT

WWW.WCCADULTEDUCATION.COM



## H.V.A.C. I & H.V.A.C. II (HEATING, VENTILATION & AIR CONDITIONING)

This class is structured to give maximum training in the principal and theory of air conditioning and refrigeration systems. You will learn the techniques of soldering, brazing and other welding skills. The second part of this class will provide hands-on training in evacuations and charging of air conditioners. Students will also learn how to test, adjust, balance and troubleshoot a variety of heating and cooling systems such as split systems, heat pumps, boilers, chillers and ventilation equipment. We are an official Environmental Protection Agency (EPA) testing center for Type I, Type II, Type III and Universal Certifications. This will be discussed in our first meeting.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
6273.00	Bartoni	El Cerrito HS/Auto Shop	\$207	4/15-6/24*	9	SAT	9:00am-12:30pm

\*No Class 5/27, 6/17

## INTRODUCTION TO HOME REPAIR & FRAMING - CARPENTRY **NEW**

“Carpentry is the largest of all building trades.” It is a trade that offers many different specialties. In this carpentry class, students will become familiar with the tools, materials, and methods most commonly used in basic building repair and construction. They will attain the necessary skills, qualifying them to be hired as an apprentice for construction companies.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06202.01	Baroody	Richmond HS/509	\$234	4/20-6/15*	16	THU & SAT	6:30pm-8:30pm (Thu) 9:00am-12:00pm (Sat)

No Class: 5/27



## PRE-APPRENTICESHIP (ELECTRICIAN TRAINING)

This course curriculum provides you with electrical theory and work practices necessary to prepare you for the Apprenticeship Test.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06284.00	Bartoni	El Cerrito HS/Auto Shop	\$276	4/13-6/29	12	THU	6:00pm-9:30pm

## SOLAR TECHNOLOGY: SOLAR JOBS, ENERGY, POWER & SAFETY

This course is an introduction to solar energy systems, batteries, and electric vehicles for homeowners. If you have a solar energy system and would like to know how it works, thinking about a battery for your home in the event of a power outage, or considering purchasing an electrical vehicle and would like to learn how the equipment can all work together, then this class is for you.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06240.00	Herzfeld	Alvarado/4	\$60	7/8-7/22	3	SAT	9:00am-12:00pm

## STATIONARY ENGINEERING TRAINING

Previously known as Facility Maintenance Operator Training. For those interested in starting a career as a Stationary Engineer (Local 39), facility maintenance or the H.V.A.C. industry. We train you to operate boilers, chillers, pumps, ventilation systems, electrical distribution, fire and life safety systems and much more. Students will learn different welding and fabrication skills related to this industry. We are an official EPA Testing Center for Type I, Type II, Type III and Universal Certifications.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06222.00	Bartoni	El Cerrito HS/Auto Shop	\$276	4/11-6/27	12	TUE	6:00pm-9:30pm

## WELDING

Enrollment Limited to 15 students. This class is an introduction to the basic principles of manual welding. We begin with SMAW "Stick" welding and over the course session will include other processes such as GMAW "MIG" welding, elements of design & layout, basic fabrication techniques, and the proper use of appropriate shop equipment.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
06275.04	Carpenter	Kennedy HS/Weld Shop	\$90	4/13-5/11	5	THU	5:00pm-8:00pm
06275.05	Carpenter	Kennedy HS/Weld Shop	\$90	5/18-6/15	5	THU	5:00pm-8:00pm

REGISTER ONLINE  
TODAY AT

WWW.WCCADULTEducation.COM

## SPECIAL INTEREST



## CONQUER YOUR FEAR OF PUBLIC SPEAKING

Learn to present yourself with confidence and get yourself heard, either in person or online. Get realistic tips and tricks to conquer your fear and create a performance that makes an impact. Yes, speech is a performance. Join us and learn how.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
12606.04	Minor	Alvarado/4	\$40	4/17-4/24	2	MON	2:00pm-5:00pm
12606.05	Minor	Alvarado/4	\$40	6/3-6/10	2	SAT	9:00am-12:00pm

INTRODUCTION TO UKULELE - LEVEL I **NEW**

Learn how to tune a ukulele, learn how to read and play chords and play songs. **Bring your own ukulele and tuner.**

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
04268.00	Wani	Alvarado/3	\$14	5/15	1	MON	12:00pm-2:00pm
04268.01	Wani	Alvarado/3	\$14	5/19	1	FRI	10:00am-12:00pm
04268.02	Wani	Alvarado/3	\$14	7/10	1	MON	10:00am-12:00pm

## INTRODUCTION TO UKULELE - LEVEL II **NEW**

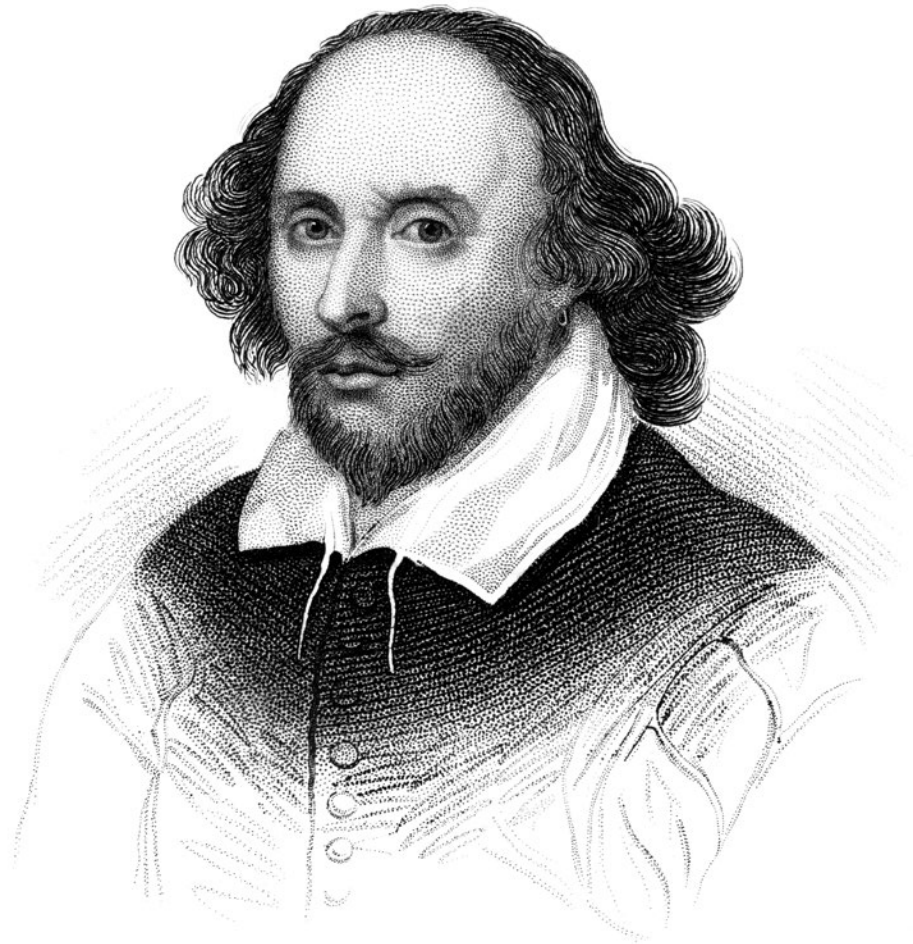
Learn additional ukulele chords and learn to fingerpick by tabulation. **Bring your own ukulele and tuner.**

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
04269.00	Wani	Alvarado/3	\$14	5/22	1	MON	12:00pm-2:00pm
04269.01	Wani	Alvarado/3	\$14	5/26	1	FRI	10:00am-12:00pm
04269.00	Wani	Alvarado/3	\$14	7/10	1	MON	12:30pm-2:30pm

## SHAKESPEARE FOR THE ELIZABETHAN IMPAIRED **NEW**

Hated *Hamlet* or loathed *Lea* in school? This six-session class is designed for adults who want to increase their understanding of and appreciation for Shakespeare. Each session is created to be both enlightening and entertaining. Plays covered are *A Midsummer Night's Dream*, *Hamlet*, and *Richard III*.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
44102.00	Hashe	Alvarado/4	\$79	4/12-5/17	6	WED	6:30pm-8:30pm
44102.01	Hashe	Alvarado/4	\$79	7/5-8/3	6	WED plus THU 8/3	2:00pm-4:00pm



## 55+ Classes

**LIFE PLANNING - SAKURA KAI**

This course enhances health with exercise yoga; improves skills in technology with iPhone, iPad smartphones and on the use of Zoom for on-line learning; cultural and self-improvement in beginning and conversational Japanese; ukulele, Taiko; develops mental stimulation, Japanese essay writing, English journal writing; and special speakers on safety, civics, and cultural performances.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
05532.00	Fujioka/Hayakawa	Alvarado Campus	No Fee	4/15-6/3	5	1st & 3rd SAT	8:30-am-2:30pm

**WELCOME TO MEDICARE**

This course provides an overview of coverage & options for people who are within a few months of starting Medicare. Specifically, attendees will get: Detailed information on Medicare including eligibility, enrollment, costs, and benefits; Information on various options for supplementing Medicare such as Medicare Supplemental Plans (Medigap) and Medicare Advantage Plans; Information on Medicare's prescription drug benefit and how to choose the optimal plan; Brief overview of how employer, retiree or other insurance works with Medicare, such as retiree plans, COBRA, or the VA.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
44110.08	McIntosh	Online	No Fee	4/18	1	TUE	3:00pm-4:30pm
44110.09	McIntosh	Online	No Fee	5/16	1	THU	3:00pm-4:30pm
44110.10	McIntosh	Online	No Fee	6/20	1	TUE	3:00pm-4:30pm
44110.00	McIntosh	Online	No Fee	7/18	1	TUE	3:00pm-4:30pm



## SENIOR ACTIVITIES

**Christ Lutheran Church, 780 Ashbury Ave., El Cerrito.** Offering: German, Spanish, line dancing, current events, Mandarin, special programs, lunch, poetry and math, seated exercise and ukulele.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
05530.04	Kehoe	Christ Lutheran Church	No Fee	9/12-6/5	Ongoing	MON	9:00am-3:00pm

**St. John's Community Center, 6500 Gladys Ave., El Cerrito.** T'ai Chi, card games (Canasta. Beginning Bridge), needlecrafts (knitting, crocheting), jewelry making, ukulele instruction and sing-along, topical speakers, low-cost lunch.

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
05530.03	TBA	St. John's Community Center	No Fee	9/13-6/6	Ongoing	TUE	9:00am-3:00pm

## ADULTS WITH DISABILITIES

### LANGUAGE DEVELOPMENT SKILLS

**El Cerrito Community Center,  
7007 Moeser Lane, El Cerrito.**



Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
70040.00	Kehoe	El Cerrito Community Center	No Fee	9/13-6/6	Ongoing	TUE	9:00am-3:00pm

### NIAD (NURTURING INDEPENDENCE THROUGH ARTISTIC DEVELOPMENT)

**Fiber Arts - NIAD - 551 23rd St., Richmond 510- 620-0290.**

Course Code	Instructor	Room	Fee	Start/End	Meetings	Day(s)	Time
70010.00	Dutcher	NIAD	No Fee	9/14-6/8	Ongoing	WED & THU	9:00am-2:30pm

# SPRING 2022-2023 | SUMMER 2023-2024 REGISTRATION

## MAIL-IN REGISTRATION FORM

Use the registration form located on this page for pre-registration for all classes in the Community Interest section of the catalog.

Alternatively, you can register online at: [www.wccadulthoodeducation.com](http://www.wccadulthoodeducation.com)



## MAIL-IN REGISTRATION ONLY!

### WEST CONTRA COSTA ADULT EDUCATION

#### REGISTRATION FORM - FEE CLASSES

ALVARADO CAMPUS ♦ 5625 Sutter Ave., Richmond 94804 ♦ Phone: 510-231-1453 ♦ [www.wccadulthoodeducation.com](http://www.wccadulthoodeducation.com) ♦ [adulted@wccusd.net](mailto:adulted@wccusd.net)

NAME \_\_\_\_\_ DATE \_\_\_\_\_  
LAST FIRST MIDDLE

☐ MALE ☐ FEMALE ☐ NON-BINARY BIRTHDATE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY ZIP

CELL PHONE \_\_\_\_\_ OTHER PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

(Required for communication purposes only)

COURSE TITLE \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_

COURSE NUMBER \_\_\_\_\_ FEE \$ \_\_\_\_\_

COURSE TITLE \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_

COURSE NUMBER \_\_\_\_\_ FEE \$ \_\_\_\_\_

COURSE TITLE \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_

COURSE NUMBER \_\_\_\_\_ FEE \$ \_\_\_\_\_

TOTAL FEES \$ \_\_\_\_\_

☐ CHECK (payable to: WCCAE) Check Number: \_\_\_\_\_

\*Charged for insufficient funds, fee of \$35; cash only.

For statistical reporting only: (Please check the box(es) that applies to you):

Quarter: ☐ Fall ☐ Winter ☐ Spring ☐ Summer

Ethnicity: ☐ Alaskan ☐ American Indian ☐ Asian ☐ African American ☐ Filipino ☐ Hispanic ☐ White ☐ Other \_\_\_\_\_

Are you receiving financial assistance? ☐ Yes ☐ No

Are you participating in any of the following: ☐ WIOA ☐ CalWorks ☐ SSI/Disability Ins. ☐ Unemployment Benefits

**Thank you for selecting WCCAE as your educational provider!**

For a confirmation of your registration, please mail registration form, payment and a self-addressed stamped envelope or just indicate to us to use your email address.





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